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## **Philadelphia Area Women Break Through Winter Doldrums with New Book "Sunshine Sisters: A Celebration of Legacies," and the Sunshine Sister Idol Event**

West Chester, PA—January 4, 2011. It's not often that the audience for an event celebrating a book's launch and its message not only become the next book's writers, but also the stars of the next event. But that's the story behind the new book *"Sunshine Sisters: A Celebration of Legacies (Volume 1),"* and its launch at the Sunshine Sisters Idol event on Wednesday, February 9<sup>th</sup>, 2011 from 6:30 to 8:30 p.m. at West Chester University.

The birth of the book goes back to October 13<sup>th</sup>, 2010 when over 100 women filled a tent at Historic Waynesborough for the Molly Sunshine Tour. Molly Nece, author of *"Chasing Stars in the Sunshine,"* and three other books, had assembled a group of speakers to inspire women to live their legacies and enjoy life's adventures. Despite the chill in the air, attendees were warmed by the energy and motivation from the speakers and each other.

Nece knew that she had to capture the group's vitality and turn it into something that would make a difference. "Just three days after the Sunshine Tour I decided I was going to give the Sunshine Sisters in the audience an opportunity to share their stories," says Nece. So she invited them each to write a chapter in *"Sunshine Sisters: A Celebration of Legacies (Volume 1.)"* "The energy, honesty and wisdom these women share in the stories selected is inspiring," says Nece. "Their personalities, passions, struggles and joys leap off the pages. I have no doubt that the tales will encourage others to live with purpose, passion and persistence."

The women featured in the book represent a patchwork of American life. As Sally Miller, one of the authors, says "there are billions of people on this planet, but no two are the same. There is only one you in the entire world and there will never be another. You are one of a kind." This uniqueness is exemplified in the book's writers who include daughters of first-generation immigrants and close knit families, as well as the daughters of an unwed mother, an alcoholic father, and more. While these women do not follow straight and narrow paths to success and happiness, what weaves their stories together is how they correct their courses, overcome obstacles and set themselves on the road to rediscover their passions, share their talents, develop self esteem, and savor family ties.

The book's authors will now each have five minutes to share their stories at the Sunshine Sister Idol event. Authors include, Diane Catrambone, Julie Frieswyk, Carolyn Frith, Cynthia Goch, Sally Miller, Ann Murphy, Lara Pietras, Anne Sourbeer Morris, Audra Supplee, and Edie Weinstein. As on American Idol, official judges will make comments on the Sunshine Sisters' presentations; however, the audience will decide who is chosen to present at the Sunshine Tour on October 12<sup>th</sup>, 2011. Judges include Tracy Davidson, NBC10 news anchor, Marilyn Russell, radio personality for 95.7 BEN FM, Dave Magrogan, speaker, author, serial entrepreneur and restaurateur, and Carolyn Comitta, West Chester Pennsylvania's mayor.

Tickets for the Sunshine Sister Idol event, which includes a copy of the book, can be purchased for \$25.00 at [www.MollySunshineTour.com](http://www.MollySunshineTour.com). Books can also be purchased separately for \$10.00 each. For more information call 484-888-6191.